

June 2009

The Commodore Dinner Hours Mon- Sat: 4:30pm - 7pm Sunday: 12 -3pm	Corner Cupboard Hours Mon - Sat: 8:30am - 2 pm Mon - Fri: 5pm - 7pm	The Adirondack Trust Company Mon- Fri: 9am - 2pm 587-7757	Transportation Schedule Daily: 8am - 4pm	Key AR- Art Room CPPL- C.P. Penfield Library CC- Corner Cupboard TP- The Piazza BR- Billiards Room MCH- Morrissey's Club House CH- Congress Hall BC- Briggs Cafe BP- Briggs Parlor PS- Physician's Suite TC- The Commodore		
Every Sunday 12-3pm Sunday Buffet (TC) 7:30pm Movie (CH)	Every Monday 10am Men's Breakfast (CC) 10:30am Floor Aerobics (CH) 11:30 am Stretch Aerobics (CH) 1 pm Price Chopper (RSVP) 2 pm Tai Chi (CH) 3 pm Poker (CH) 7:30 pm Foreign Film (CH)	Every Tuesday 10:30am Low Impact Aerobics (CH) 11:45am Yoga (CH) 11:55 am Hannaford Bus 2 pm Bridge (MCH) 2 pm Billiards(BR) 7:30pm Bingo (CH)	Every Wednesday 9 am Post Office Shuttle (RSVP) 11:30 am Stretch Aerobics (CH) 1 pm Pharmacy Shuttle (RSVP)	Every Thursday 1-5 pm Doctores are in by Appointment ONLY 2 pm Billiards (MCH) 7 pm Intermediate Bridge (MCH)	Every Friday 10 am Library Shuttle (RSVP) 1 pm Price Chopper Shuttle (RSVP) 3:30 pm Music on the Piazza 4 pm Director's Social (TP)	Every Saturday 10 am Women's Breakfast Club (CC) 10 am Racino (RSVP) 11 am Wilton Mall/ Walmart (RSVP) 7:30 pm Movie (CH) 8 pm Billiards (MCH)
Hair Salon 584-7708	1 10am Men's Breakfast (CC) 10:30am Floor Aerobics (CH) 11:30 am Stretch Aerobics (CH) 6 pm Broadway Bus (RSVP) 7:30 pm Movie: Hobson's Choice (CH)	2 10:30am Low Impact Aerobics 11:45am Yoga (CH) 7:30pm Bingo (CH)	3 11:30 am Stretch Aerobics(CH) 1:30 Resident Council Meeting (CH) 3:30 pm Horse Racing (CH) 7:30 pm Book Chat Club (CH)	4 11:30 am Lunch Bunch at Sutton's Market Place (RSVP) 2 pm Billiards (MCH) 7 pm Irish Tenors Concert (RSVP)	5 12:30 pm Sanctioned Duplicate Bridge Game (CH) 3:30 pm Music on the Piazza 4 pm Director's Social (TP)	6 10 am Women's Breakfast Club (CC) 7:30 pm Movie: The Paradise Case (CH)
7 National Chocolate Ice Cream Day! 7:30 pm Movie: Young At Heart (CH)	8 10am Men's Breakfast (CC) 10:30am Floor Aerobics (CH) 11:30 am Stretch Aerobics (CH) 6 pm Broadway Bus (RSVP) 7:30 pm Movie: The Man in The Moon (CH)	9 10:30am Low Impact Aerobics 11 am Military Museum (RSVP) 11:45am Yoga (CH) 7:30pm Bingo (CH)	10 11:30 am Stretch Aerobics(CH) 12 noon Picnic on Saratoga Lake (RSVP) 3:30 pm Horse Racing (CH)	11 2 pm Billiards (MCH) 11:30 am Brown Bag Lunch at the Library (RSVP) 4:30 pm Dinner Bunch at Bistro Tallulah (RSVP)	12 12:30 pm Sanctioned Duplicate Bridge Game (CH) 3:30 pm Music on the Piazza 4 pm Director's Social (TP) 6 pm Upbeat on the Roof (RSVP)	13 Flag Day Parade! Details To Be Announced! 10 am Women's Breakfast Club (CC) 7:30 pm Movie: Legends of the Falls (CH)
14 Flag Day 7:30 pm Movie: The Cider House Rules	15 National Red Licorice Day 10am Men's Breakfast (CC) 10:30am Floor Aerobics (CH) 11:30 am Stretch Aerobics (CH) 6 pm Broadway Bus (RSVP) 7:30 pm Movie: Magnolia (CH)	16 10:30am Low Impact Aerobics 11:45am Yoga (CH) 2 pm Ice Cream at The Ice Cream Man (RSVP) 2:30 pm Hearing Aid Cleaning (ART) 7:30pm Bingo (CH)	17 11:30 am Stretch Aerobics (CH) 3 pm Farmer's Market (RSVP) 3:30 pm Horse Racing (CH) 7:30 pm 2 Broads with Alota Sound (CH)	18 12 noon Lunch Bunch at Salty's (RSVP) 2 pm Billiards (MCH)	19 12:30 pm Sanctioned Duplicate Bridge Game (CH) 10:30 am Blood Pressure Clinic (Enclave) 6 pm Upbeat on the Roof (RSVP)	20 10 am Women's Breakfast Club (CC) 7:30 pm Movie: A River Runs Through It (CH)
21 Father's Day Summer Begins 5:30 pm Poetry Reading (CPPL) 7:30 pm Movie: Forrest Gump (CH)	22 10am Men's Breakfast (CC) 10:30am Floor Aerobics (CH) 11:30 am Stretch Aerobics (CH) 4 pm Contemporary Affairs Discussion Group (CPPL) 6 pm Broadway Bus (RSVP) 7:30 pm Movie: The Green Mile (CH)	23 10:30am Low Impact Aerobics 11:45am Yoga (CH) 7:30pm Bingo (CH)	24 11:30 am Stretch Aerobics (CH) 2 pm Birthday Social (TP) 3:30 pm Horse Racing (CH)	25 National Tapioca Day 10:30 am New Resident Breakfast (CC) 2 pm Billiards (MCH)	26 12:30 pm Sanctioned Duplicate Bridge Game (CH) 3:30 pm Music on the Piazza 4 pm Director's Social (TP) 6 pm Upbeat on the Roof (RSVP)	27 10 am Women's Breakfast Club (CC) 7:30 pm Movie: Men of Honor (CH)
28 7:30 pm Movie: The Prince and Me (CH)	29 10am Men's Breakfast (CC) 10:30am Floor Aerobics (CH) 11:30 am Stretch Aerobics (CH) 4pm Dinner Bunch at Katrinella's Bistro (RSVP) 7:30 pm Movie: Save The Last Dance (CH)	30 10:30am Low ImpactAerobics 11:45am Yoga (CH) 7:15 pm Quintet at Skidmore (RSVP) 7:30pm Bingo (CH)	Please Clean out your toaster at least once a month and DO NOT store things in or on your Stove!	Communication Desk 584-2074	Julia Malin, MD Vincent Myers Jr, MD 584-5331	Spa Physical Therapy 587-0637